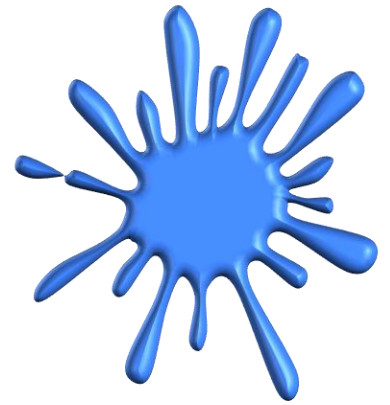


# BABY SESSIONS

Welcome to Stort Valley & Villages Children's Centres offering services to support you and your newborn.



## Bumps and Baby Play & Learn

Monday 1.30-2.30pm

Thursday 10.00-11.00am

## Breast Feeding Support

Wednesday 2.00-4.00pm weekly

Thursday 10.00-11.00am (Bumps and Baby Play & Learn)

## Musical Play & Learn

Wednesday 10.15-10.45am weekly term time only

## Child Health Clinic

Tuesday - Friday at various locations

## Infant Massage

Tuesday, Wednesday, Thursday - 5 week course

## Introducing Solids

Tuesday 12.30-2.00pm - Monthly

## Taste for Life - First Foods First

Tuesday or Thursday 9.30am-11.00am - Monthly



**Friendly Relaxed Welcoming Supportive**

Registration is essential, please complete a registration form at the Centre. For more information on any of our sessions, please refer to our Activity programme on the website or call 01279 696853.



Find us on Facebook & Twitter



[www.stortvalleychildrenscentres.org.uk](http://www.stortvalleychildrenscentres.org.uk)

Hertfordshire Children's Centre programme

[www.hertsdirect.org/childrenscentres](http://www.hertsdirect.org/childrenscentres)

