

For more details contact:



Little Squirrels Children's Centre
Windhill21, Bishop's Stortford, CM23 2NL
01279 696853



Buttercups Children's Centre
Summercroft Primary School, CM23 5BJ
01279 508759



Windhill Children's Centre
Windhill21, Bishop's Stortford, CM23 3QJ
01279 696850 ext 7



Duckling Green Children's Centre
Sawbridgeworth Library,
The Forebury, CM21 9BD
07557 114141

Other Activities during the year:

- Family outreach services
- A range of courses and workshops for parents & carers: e.g. healthy eating & lifestyles, paediatric first aid, e-safety
- Information, advice & guidance drop in: e.g. family finance, potty training, better sleep
- Foodbank voucher holders
- Training support, network cluster meetings for all Early Years Staff and Childminders
- Learners Community Library (resources, access to professionals and toy library in Kitwood Centre, Herts & Essex Hospital)
- Community events ● Holiday activity programme
- For school-aged children please call ASPECTS on 01279 696842



*This Programme is subject to change.
We advise that you check with the Children's Centres and our website,
Facebook and Twitter pages regularly.*

For your Information:

This Government's vision of a Children's Centre is to improve outcomes for young children and their families. By working in partnership with other professionals and families we support:

- Child development and school readiness
- Parenting skills
- Child and family health

Parents/Carers – please note that all the Play and Learn sessions have an element of messy play and outside sessions are subject to weather conditions. Can you please dress your children appropriately.

Safeguarding – If you know of a child who is being neglected or abused, report it now to Children's Services on: 0300 123 4043

Safer Places – Domestic Abuse Support Services
For confidential help and advice call: 03301 025811
(24 hour helpline) or see: www.saferplaces.co.uk



www.stortvalleychildrenscentres.org.uk



stortvalleychildrenscentres@windhill.herts.sch.uk



Stort Valley & Villages Children's Centre Group



@SVVCCG1



Stort Valley & Villages Children's Centres

Activity
Programme

April – July
2018

Monday

Community Midwife Clinic
9.00am – 1.00pm
Book via Midwife
Buttercups CM23 5BJ

**'MumsFit' Ab-Rehab:
postnatal core training**
9.15am – 10.15am
04/06/18 – 09/07/18
(6 week course)
£45.00 per course
Book via Children's Centre
Sawbridgeworth Memorial Hall
CM21 9BD

Play & Learn (0 – 4 years)
10.00am – 11.30am
Term time only
Just come along
Sawbridgeworth Scout Hut
CM21 9DT

Bumps and Baby Play & Learn
(Bump – 12 months)
1.30pm – 2.30pm
Just come along
Windhill & Little Squirrels
CM23 2NL



Windhill21



Tuesday

Grow It, Cook It, Share It
9.30am – 11.00am (walking – 4 yrs)
17/04/18 – 19/06/18 (9 week course)
Come rain or shine
Book via Children's Centre
Buttercups CM23 5BJ

Outdoor Play & Learn
(0 – 4 years) 9.30am – 11.00am
26/06/18 – 10/07/18
Come rain or shine, just come along
Buttercups CM23 5BJ

Everyday First Aid for Parents
9.30am – 11.30 am
22/05/18
Book via Children's Centre
Sawbridgeworth Library CM21 9BD

Infant Massage
For babies 6 weeks to crawling
10.00am – 11.30am
05/06/18 – 03/07/18
(booking window opens
9.00am 15/05/18)
28/08/18 – 25/09/18
(booking window opens
9.00am 07/08/18)
Book via the Children's Centre
5 week course – £15.00 course fee
Sawbridgeworth Library CM21 9BD

Child Health Clinic
11.45am – 1.15 pm
Just come along
Thorley Community Centre
CM23 4RF

Introducing Solids
12.30pm – 2.00pm
17/04/18, 15/05/18, 19/06/18,
17/07/18, 14/08/18, 18/09/18
Book via Children's Centre
Sawbridgeworth Library CM21 9BD

Introducing Solids
12.30pm – 2.00pm
24/04/18, 22/05/18, 26/06/18,
31/07/18, 21/08/18, 25/09/18
Book via Children's Centre
Windhill & Little Squirrels
CM23 2NL



Wednesday

Community Midwife Clinic
8.45am – 1.00pm Book via Midwife
Windhill & Little Squirrels CM23 2NL

Musical Play & Learn
9.30am – 10.00am: 1 – 3 yrs
10.15am – 10.45am: 0 – 12 mths
Term time only
Just come along
Gilston Village Hall CM20 2RB

Child Health Clinic
9.30am – 11.00am Just come along
Charis Centre CM23 2JZ

**Activity Adventures
in Pre-Schools**
Term time only – By arrangement

Infant Massage
For babies 6 weeks to crawling
1.15 pm – 2.45pm
06/06/18 – 04/07/18
Book via the Children's Centre
(booking window opens 9.00am 15/05/18)
5 week course – £15.00 course fee
Buttercups CM23 5BJ

Alpha Bake Cookery
1.30pm – 2.30pm (2 – 4 years)
18/04/18 – 23/05/18
06/06/18 – 11/07/18
Book via Children's Centre
£15.00 course fee
St Michael's Mead Community Centre
CM23 4FZ

Bookstart
1.30pm – 2.45pm (0 – 4 years)
18/04/18, 02/05/18, 06/06/18,
04/07/18, 01/08/18, 05/09/18
Just come along
Bishop's Stortford Library CM23 2EJ

Breast Feeding Support
2.00pm – 4.00pm
Just come along
Windhill & Little Squirrels CM23 2NL



Thursday

Activity Adventures in Schools
Term time only – By arrangement

Taste for Life – First Foods First
(7 – 12 months) 9.30am – 11.00am
24/04/18, 22/05/18, 28/06/18,
26/07/18, 30/08/18, 27/09/18
Book via Children's Centre
Windhill & Little Squirrels CM23 2NL

Families Feeling Safe
(9 week course) 9.30am – 11.30 am
03/05/18 – 05/07/18 Term time only
Book via Children's Centre
Buttercups CM23 5BJ

Bumps and Baby Play & Learn
10.00am – 11.00am
(Bump – 12 months)
Just come along
Sawbridgeworth Library CM21 9BD

Infant Massage
(5 week course)
For babies 6 weeks to crawling
10.00am – 11.30am
26/04/18 – 24/05/18
Book via the Children's Centre
(booking window opens
9.00am 27/03/18)
£15.00 course fee
Windhill & Little Squirrels CM23 2NL

Child Health Clinic
1.30pm – 2.30pm
1st & 3rd week each month
Just come along
Much Hadham Health Centre
SG10 6DE

**Antenatal Breastfeeding
Workshop**
2.00pm – 4.00pm
12/04/18, 10/05/18, 07/06/18,
12/07/18, 09/08/18, 06/09/18
Book via Children's Centre
Buttercups CM23 5BJ

How to be Confident Saying 'No'
7.00 pm – 9.00 pm 26/04/18
Book via Children's Centre
£5.00 per adult
Spellbrook Primary School CM23 4BA

Friday

Child Health Clinic
9.00am-11.00am
Just come along
2b The Square CM21 9AE

Everyday First Aid for Parents
9.30am – 11.30am
20/04/18
Book via Children's Centre
Windhill & Little Squirrels
CM23 2NL

As Easy as ABC
9.30am – 11.00am
11/05/18
Book via Children's Centre,
Windhill & Little Squirrels
CM23 2NL

Enough of the Huff
9.30am – 11.30 am
18/05/18
Book via Children's Centre
£5.00 per adult
Windhill & Little Squirrels
CM23 2NL

What Makes My Child Tick?
9.30am – 11.30 am
22/06/18
Book via Children's Centre
£5 per adult
Fawbert & Barnard Infant School
CM21 9AX

Parenting an Anxious Child
9.30am – 11.30 am
06/07/18
Book via Children's Centre
£5 per adult
Manor Fields Primary School
CM23 4LE

Play & Learn
10.00am-11.30am
(0-4 years)
Term time only
Just come along
Havers Community Centre
CM23 3GR

Saturday

**Ante-Natal Parenting Group
with Community Midwife**
9.30am – 1.30pm
1st Saturday each month
Book via Midwife
Windhill & Little Squirrels CM23 2NL

Ante-Natal My Baby's Brain
10.00am – 1.00pm 28/04/18
Book via Children's Centre
Windhill & Little Squirrels CM23 2NL

Super Saturday
10.00am – 11.30am (0 – 6 years)
Just come along
12/05/18 & 14/07/18
Thorley Christian Centre CM23 4EL
09/06/18 & 08/09/18
Gilston Village Hall CM20 2RB

Me 'n' Dad
(in partnership with Community Church)
10.00am – 11.30am (0 – 8 years)
(last Saturday monthly)
£2.00 per family Just come along
Charis Centre CM23 2JZ

Windhill & Little Squirrels
Children's Centre

Buttercups Children's Centre

Duckling Green
Children's Centre based at
Sawbridgeworth
Library

Community Venues



2018

Summer Programme

www.stortvalleychildrenscentres.org.uk