

## Opening Times

Mon—Fri 9am—4.30pm (Last Registration)

Closed weekends and bank holidays

Tel : 01279 655191 ext 4298

We are pleased to receive comments/

feedback on our service.

Contact Patient Advice and Liaison

Service:

Freephone : 0800 0111 6113

Email: [pals.hchs@nhs.net](mailto:pals.hchs@nhs.net)

Website: [www.hertschs.nhs.uk](http://www.hertschs.nhs.uk)



**NHS 111**  
**Telephone advice service available**  
**24hrs a day**

Minor Injuries Unit  
Herts and Essex Hospital  
Cavell Drive off Haymeads Lane  
Phone: 01279- 655191 ext 4298  
Web site: [www.hertschs.nhs.uk](http://www.hertschs.nhs.uk)

Hertfordshire Community **NHS**  
NHS Trust

***Herts and Essex Hospital***

**Minor Injuries Unit**

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## What is a minor Injury?

All patients who attend the Minor Injuries Unit will be assessed by a trained nurse.

If their condition cannot be treated there, they will be referred to the most appropriate service, e.g. A/E Department, GP or practice nurse

### Will I see a doctor?

**No.**

**There are no doctors at the Minor Injuries Unit**

**The service at the unit is provided by nurses who have extended skills and experience in dealing with accidents and emergencies**

**If the nurse who assesses you considers that you need to see a doctor, you will be referred to the most appropriate service**

### We CAN treat

**Minor cuts and grazes**

**Cuts needing stitches**

**Bites and stings**

**Sprains and strains**

**Sports injuries**

**Suspected fractures requiring x ray**

**Anti- tetanus injections**

**Minor abscesses**

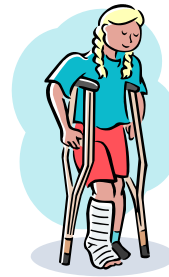
**Burns/ Scalds**

**Removal of foreign bodies such as splinters, fish hooks, cotton buds from ears, earring butterflies etc**

**Minor head Injury**

**Minor limb Injury**

**Whiplash (neck/headache following low speed car accident)**



### We CANNOT SEE

**Children under 2 years of age**

**Dressing changes**

**Removal of stitches**

**Chest pain**

**Abdominal Pain**

**Eye problems**

**Ear infections**

**Dizzy spells**

**Sore throat**

**Asthma**

**Gynaecological complaints**

**Mental Health Problems**

**Intoxicated patients**

### **Still unsure?**

If you are still unsure whether we can treat you – just call us!

### **Can I get an X-Ray?**

If the nurse suspects that you have broken a bone, she/ he can request an x-ray. This will be done at the Herts & Essex Hospital.

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Herts and Essex Hospital  
Cavell Drive off Haymeads Lane  
Bishop's Stortford CM23 5JH

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